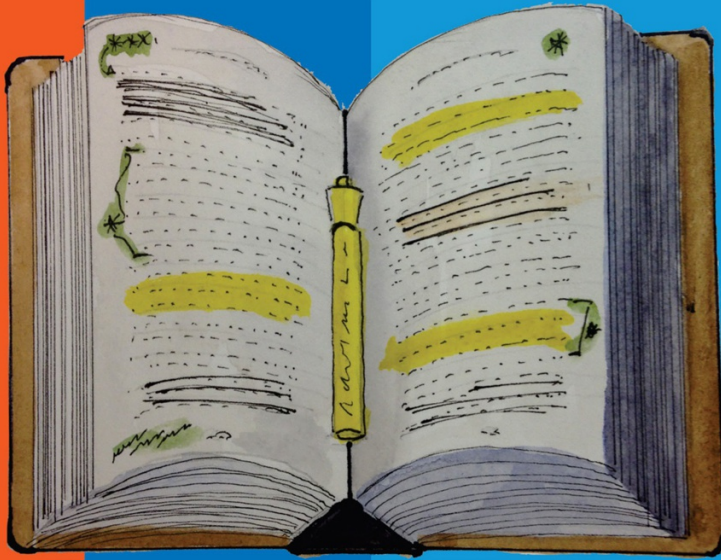


# A Writer's Guide to Mindful Reading



Ellen C. Carillo



# A WRITER'S GUIDE TO MINDFUL READING

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